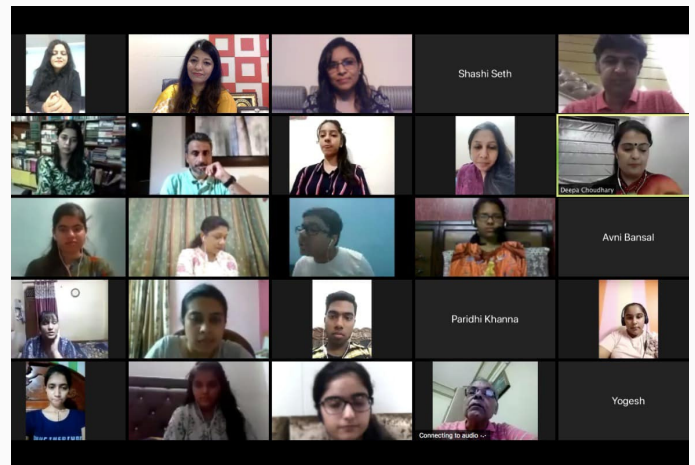
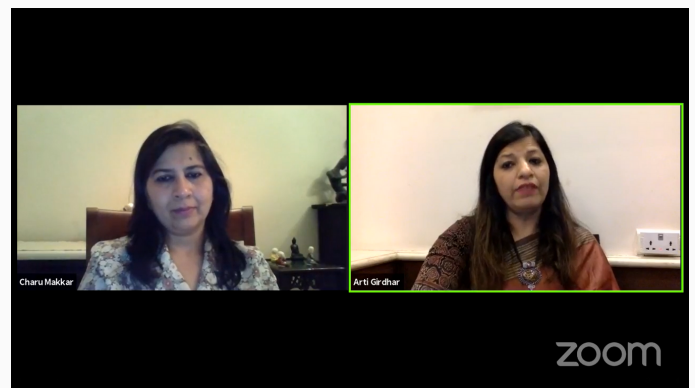
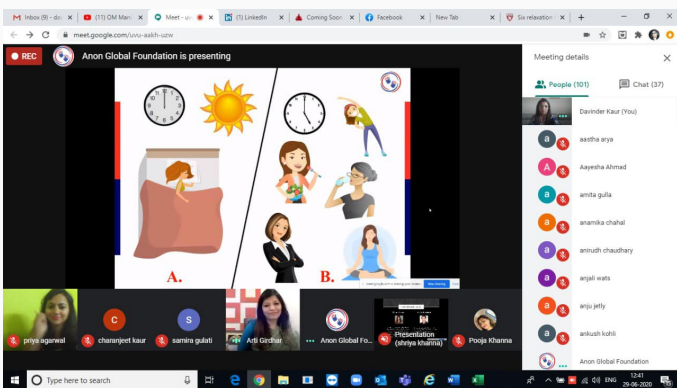
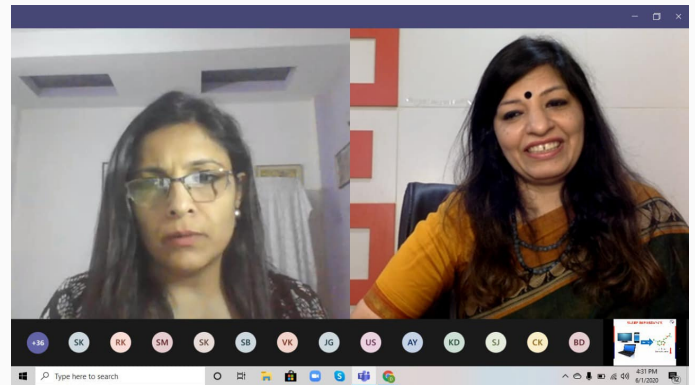
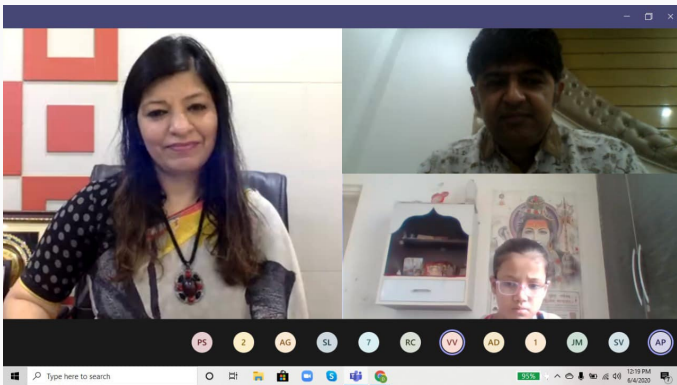


SUMMARY OF ANON INITIATIVES FOR THE QUARTER APRIL, 2020 - JUNE, 2020:-

- Workshops for Students.
- Workshops for Parents.
- Workshops for Teachers.
- Food Drive -“परिवारों के लिए परिवारों द्वारा “.
- 15 Days internship program for school students.
- Facebook live sessions on various mental health topics.



FOOD DRIVE

“It’s not how much we give but how much love we put into giving” - Mother Teresa.

Inspired to serve the society, Ms. Arti Girdhar fearlessly served the poor and needy during this pandemic. She identified the problems migrant workers might be facing and started a Food Drive with a motto “परिवारों के लिए परिवारों द्वारा “.

This drive started from her own home and it inspired more than 100 families to join this mission. The food was prepared hygienically and packed keeping all the health parameters in mind as per the Government directive. Besides this, face masks and hygiene needs like bathing and washing soaps were also distributed as a part of this drive.

- **Food Packets Delivered between 3rd April - 31st May - 70,650**
- **Face Masks Delivered - 5000**



MAHODAARI

TOPIC: TECHNOLOGY ADDICTION, GENDER SENSITISATION, ANGER MANAGEMENT, HAPPINESS, POSITIVE PARENTING, LIFESTYLE MANAGEMENT

Mahodari is a group of women who believe in women empowerment, they requested us to take various sessions to enlighten their group members with the sensitive issues of society that will help them in building their life skills. We took a few very engaging and interesting sessions for them which were highly appreciated. The sessions were - Technology Addiction, Gender Sensitisation, Anger Management, Happiness, Positive Parenting, and Lifestyle Management.



FACEBOOK LIVE SESSION

TOPIC: TECHNOLOGY ADDICTION

While ANON was not able to physically take their workshops due to the pandemic, they had the urge to reach out to society and benefit them. Keeping this view in mind Ms. Arti Girdhar conducted a FB Live workshop Technology Addiction.

<p>LIFE SKILLS PROGRAMS</p> <ul style="list-style-type: none"> Anti Bullying Happiness Health & Nutrition Stress Management Lifestyle Management Motivation Good Touch & Bad Touch Substance Abuse ▶ Technology Addiction Anger Management Personal Well Being POCSO Act, 2012 Corporal Punishment Parenting Workshop 	<p>ANON invites Sangini and Greater Kailash Enclave-1 residents for a 30 minute session.</p> <p>Saturday 9th May, 2020 5 to 5:30 pm</p> <p> YouTube LIVE</p> <p> zoom</p> <p>Link will be shared</p>	<p>ARTI GIRDHAR Founder & President</p> <p>ANON TALKS TECHNOLOGY ADDICTION</p>
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KHAITAN PUBLIC SCHOOL, SAHIBABAD

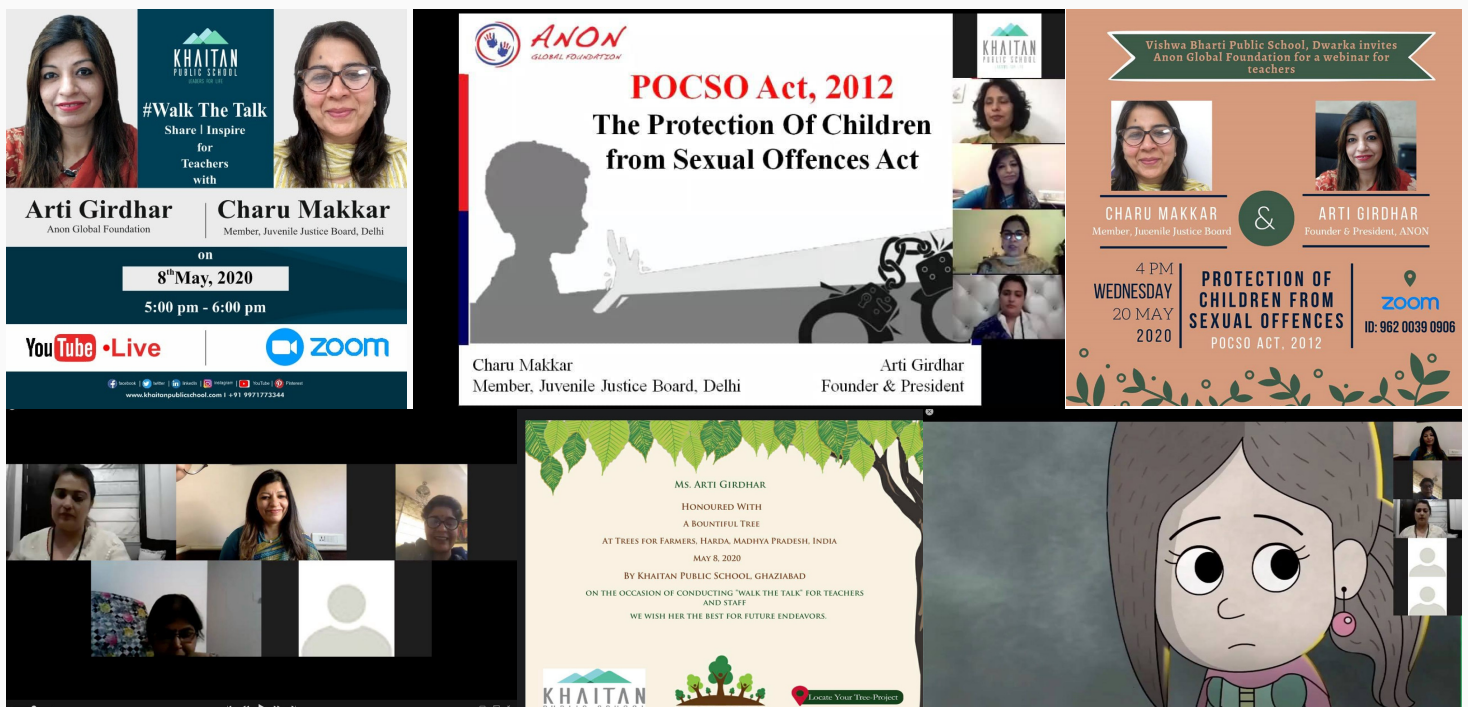
TOPIC: THE PROTECTION OF CHILDREN FROM SEXUAL OFFENCES (POCSO) ACT, 2012

This was a Panel discussion webinar with teachers of Khaitan Public School, Sahibabad on POCSO. Act, 2012. Mrs. Charu Makkar, from ANON, advised its legal aspects. The aim of this workshop was to provide insight to the teachers on what a child might be facing during the lockdown and what school and parents can do to aid them.

VISHWA BHARTI PUBLIC SCHOOL, DWARKA

TOPIC: THE PROTECTION OF CHILDREN FROM SEXUAL OFFENCES (POCSO) ACT, 2012

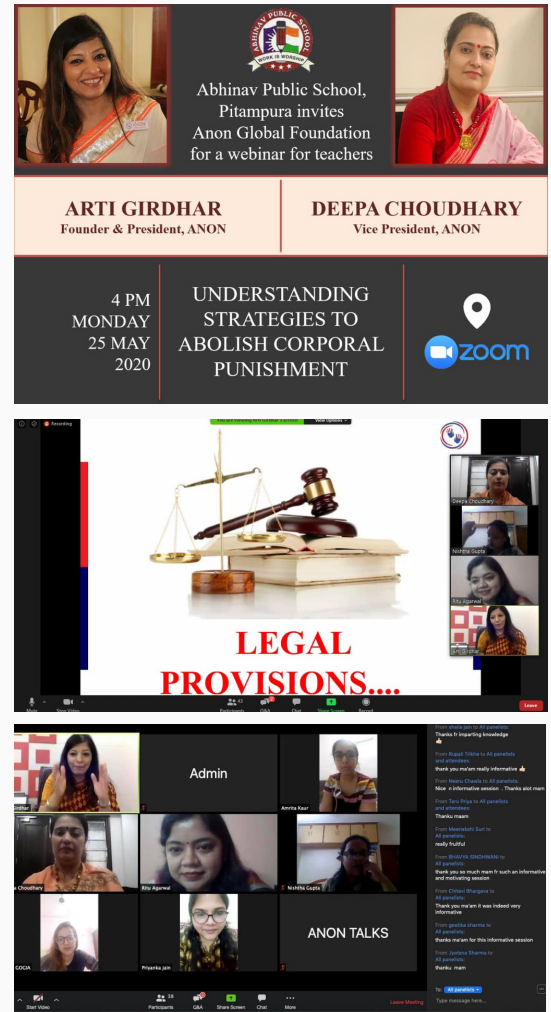
#Anontalks, a workshop on the POCSO Act and its amendments by Team Anon with teachers from all wings of Vishwa Bharti Public School, Dwarka was conducted. It was a great experience citing examples in teachers' life on how to handle different situations if at all they come across.



ABHINAV PUBLIC SCHOOL, PITAMPURA

TOPIC: CORPORAL PUNISHMENT

Many studies have shown that physical punishment — including spanking, hitting, and other means of causing pain — can lead to increased aggression, antisocial behavior, physical injury, and mental health problems for children. Handling and controlling children is not a simple task. The role of teachers is to handle children in a positive way and patiently, the way to lead is to find innovative ways to positively guide children in the right direction. Team Anon conducted a panel discussion with teachers of Abhinav Public School, Pitampura, and shared key strategies. The session was quite interactive and lots of queries were addressed.



YOGIC LIFESTYLE FACEBOOK LIVE SESSION

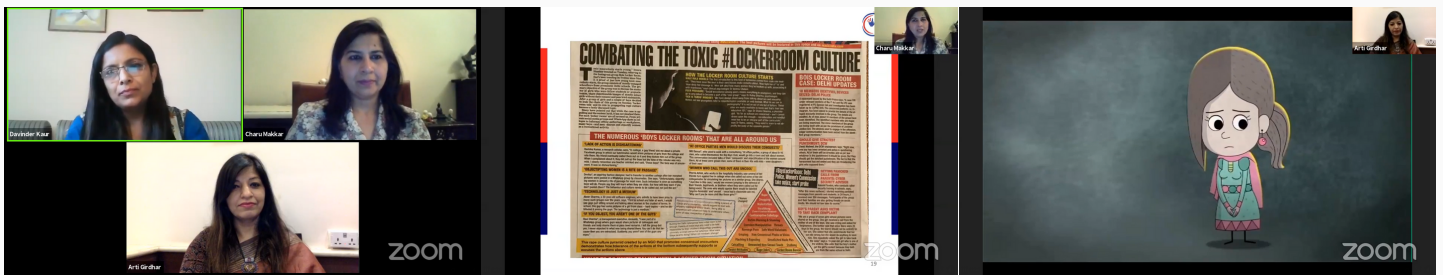
TOPIC: TEEN PARENTING

Ms. Davinder Juneja is an eminent trainer of Anon Global Foundation. She delivered a powerful and engaging session on Teen Parenting, which is one of the most difficult tasks. This Facebook live workshop focussed on powerful parenting and she gave some important tips on the same.

FACEBOOK LIVE SESSION

TOPIC: THE PROTECTION OF CHILDREN FROM SEXUAL OFFENCES (POCSO) ACT, 2012

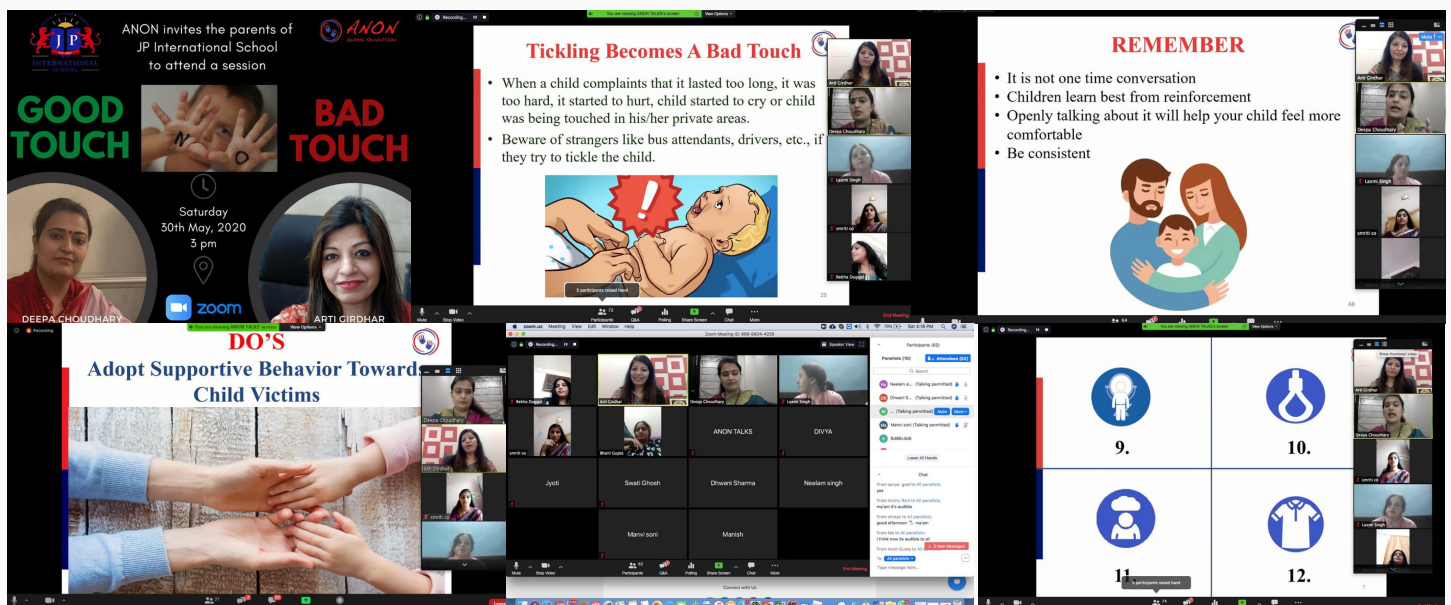
The FB Live workshop on POCSO Act by Ms. Arti Girdhar, Ms. Davinder Juneja and Ms. Charu Makkar was very interesting and viewed by many parents and they got some wonderful insights that would definitely help them.



JP INTERNATIONAL SCHOOL, GREATER NOIDA

TOPIC: GOOD TOUCH & BAD TOUCH

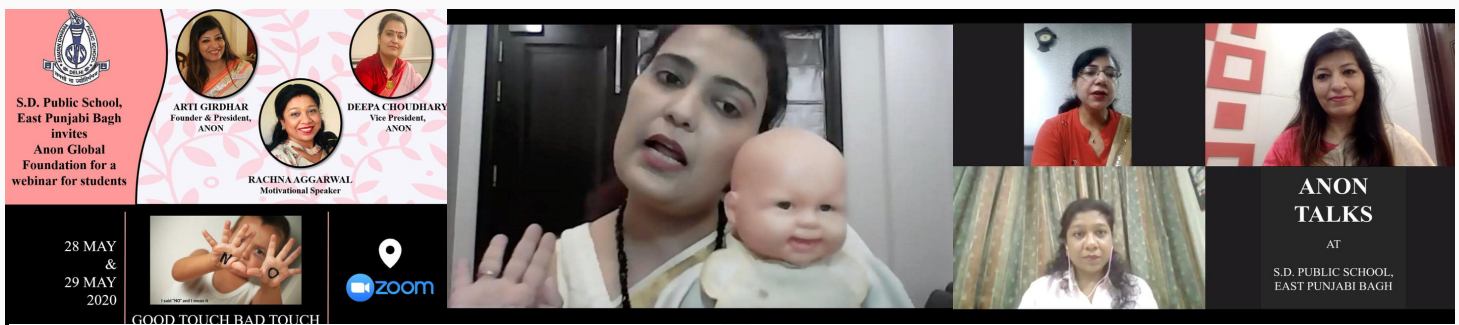
This webinar was conducted to sensitise the parents of JP International School, Greater Noida, on the topic Good Touch and Bad Touch. Looking at the environment we are dealing with, it becomes a mandate for the parents to make their children aware of the perpetrators around them. Communication is the key to empower our future generation to face the world fearlessly.



S.D. PUBLIC SCHOOL, EAST PUNJABI BAGH

TOPIC: GOOD TOUCH BAD TOUCH & SAFE CIRCLE ACTIVITY

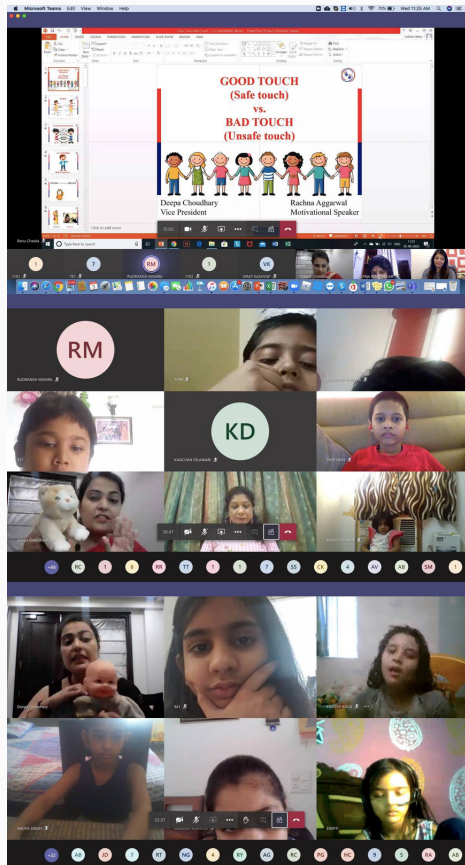
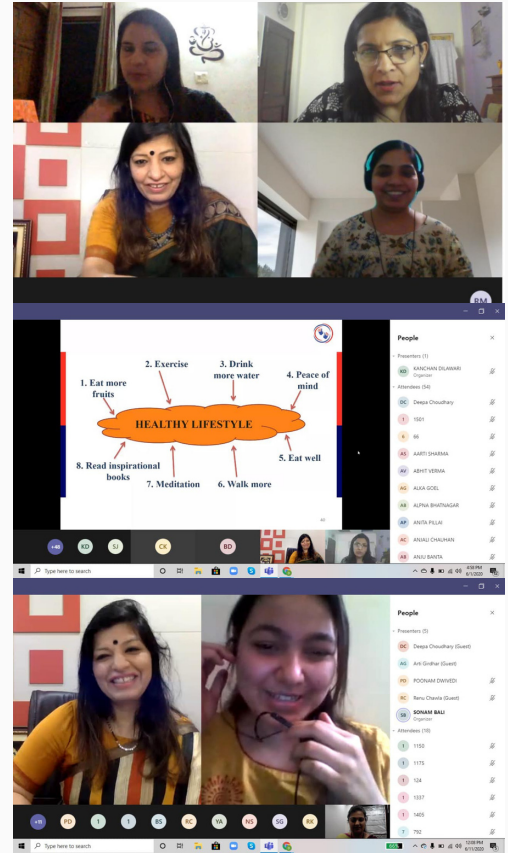
Parents often contemplate when is the right time for them to teach about Touch to their tiny toddlers, team Anon explained in one sentence, as soon as the child starts to be aware of the surroundings and his/her environment. We conducted two day online sessions with students and parents of junior classes and tried our best to make them understand how to judge a bad-touch and how to communicate with their bodyguards. It was a very interactive and fun session and kids truly enjoyed it.



JAYPEE PUBLIC SCHOOL, NOIDA

TOPIC: LIFESTYLE MANAGEMENT

Living, working, and learning from home is the new normal which is a paradigm shift for all of us. Sensitising students of classes VI to XII during the two-day session at Jaypee Public School, Noida about the new lifestyle that they need to accept, understand, and follow. Many of us get into a denial mode and not accept the change easily. Our session was focussed on making our new generation resilient and imbibing in them that one thing that always remains constant is change. We helped them understand Nutrition, Knowledge, Time Management, Social Isolation, Emotional Isolation, and many more topics that have suddenly become a need of the hour.



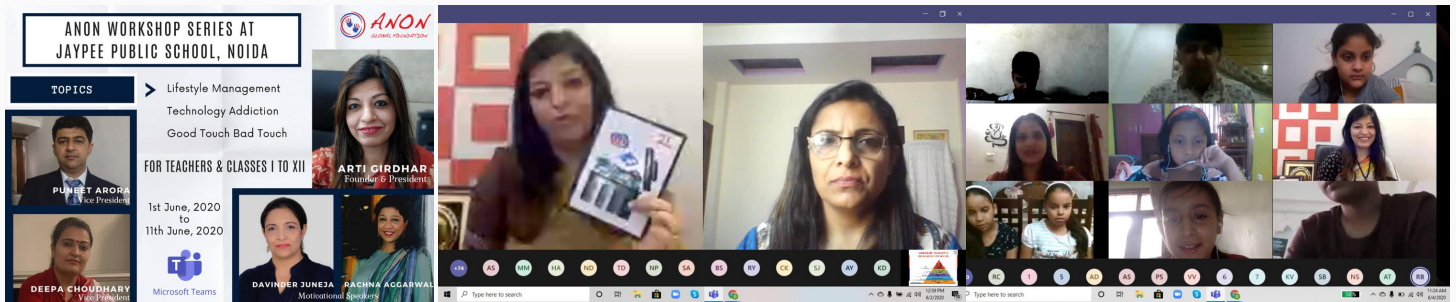
TOPIC: GOOD TOUCH & BAD TOUCH

As quoted by John Keats, “Touch has a memory”. Every touch good or bad has a memory attached to it, it has a story. While the parents are nurturing their kids in a safe environment, it is their responsibility to share with them the Bad World that co-exists with the Good. This Two days workshop conducted by Ms. Deepa Choudhary and Ms. Rachna Bansal Aggarwal at Jaypee Public School, Noida was very interesting. Students were engaged in the interesting stories ANON shared with them, Props were also used to make the workshop fun and bring smiles on the faces of children while this serious topic was being shared..

JAYPEE PUBLIC SCHOOL, NOIDA

TOPIC: TECHNOLOGY ADDICTION

Technology has become an indispensable part of our lives. Covid-19 has enhanced the importance of technology like never before, from online education to workshops to online working, it has become a mandate in everyone's life today. While technology is ensuring the fact that the learning and communication should not stop even in these trial times, it has also affected the children adversely with regard to their health and well being. This two day workshop conducted by ANON team Mr. Puneet Arora and Ms. Davinder Juneja on Technology Addiction for students of class VI to XII of Jaypee Public School, Noida was an eye opener for them. The prime focus of the workshop was to discuss the consequences of using technology like an addiction and to give concrete and practical solutions to it.



INDRAPRASTHA GLOBAL SCHOOL, NOIDA

TOPIC: LIFESTYLE MANAGEMENT

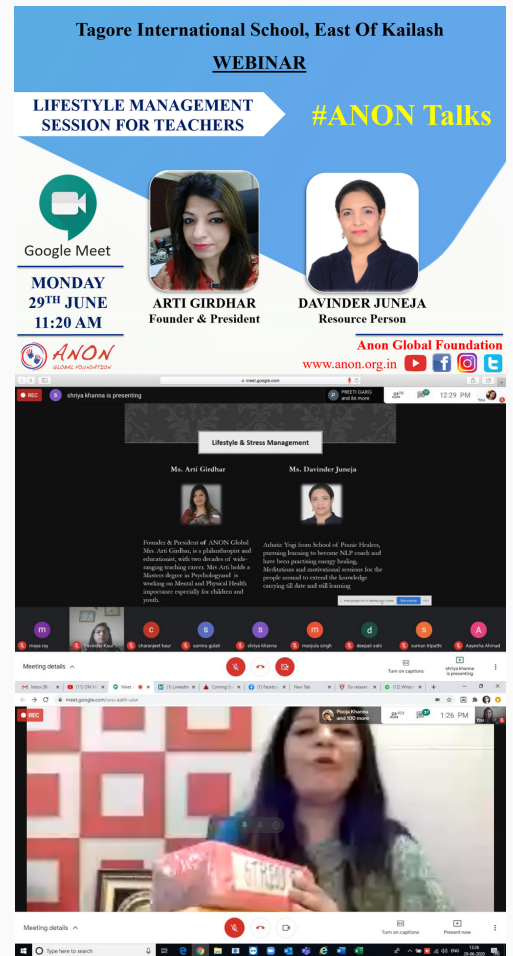
When we bring positive changes in our lifestyle, we take the first step towards happiness and success. We need to train our mind and make our ways to lead a fulfilling life. This beautiful workshop taken by Ms. Davinder Juneja was directed towards making the teachers of Indraprastha Global School, Noida understand the ways they can bring positivity around them and hence their students, she made the session lively and interactive.



TAGORE INTERNATIONAL SCHOOL, EAST OF KAILASH

TOPIC: LIFESTYLE MANAGEMENT

Routine and discipline are two most important aspects of life, even though our brain understands it, it's not in sync with our mind. Team Anon conducted a session for around 105 teachers of Tagore International School, East of Kailash on Lifestyle management. In this session we discussed and talked about a few principles that are easy to follow. Takeaway of the session were the Insights shared on health, mindset, emotions and soul by Ms. Davinder Juneja that will surely be very helpful for the teachers. This session was made interactive and interesting by adding few activities that helped them understand the impact of stress on health and how to deal with it.



JP INTERNATIONAL SCHOOL, GREATER NOIDA

TOPIC: HAPPINESS

Happiness is something that you create for yourself, it is something that exists within you. Ms. Rachna Bansal Aggarwal from ANON conducted a workshop at Jaypee International School, Greater Noida. She engaged the students in stories that touched their heart. She very efficiently made them understand the true meaning of happiness.

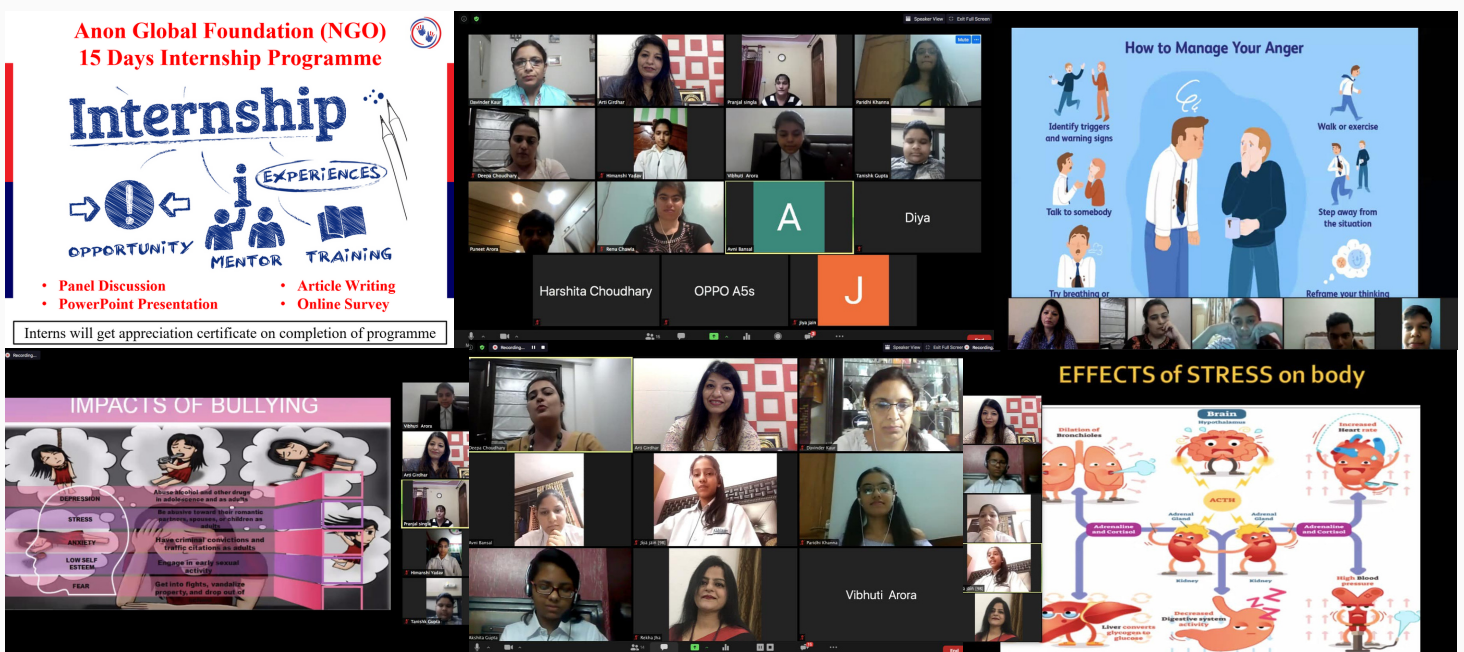


15 DAYS INTERNSHIP PROGRAM FOR SCHOOL STUDENTS

When the World was in a complete shutdown and the school students were not constructively utilising their valuable time during their vacations, ANON identified the need to engage these young minds in something worthwhile.

ANON came up with the idea of Internship Program for the school students. ANON believes that our Youth is responsible for shaping our society and if they, at an early age realise the flaws, they can help build a better world. This 15 days state-level program consisted of 25 students from Delhi-NCR divided into 5 groups, under the expert guidance of 3 mentors from Team ANON.

The interns were given some very sensitive and pressing issues of the society and they had to research and prepare their presentations based on that topic. They worked as a team and besides learning about the topic, they also experienced the challenges of working as a team. This internship program, not only gave the students insight about their topics but also helped in building their interpersonal skills, confidence, presentation skills, expressions, and much more. Their presentations were judged by some eminent personalities who gave their valuable inputs and time to the students and also decided for the top 3 teams. The top 2 teams were given an opportunity to be on FB live and share their views.



LIST OF STUDENTS PARTICIPATED

GROUP A: GENDER SENSITIZATION (FIRST RUNNER UP)

MENTOR: MS. ABHA SHARMA

S.NO.	STUDENT NAME	SCHOOL NAME	CLASS
1	Diya Choudhary	Venkateshwar Global School, Rohini	X-Lyra
2	Harshita Choudhary	Venkateshwar Global School, Rohini	X-Orion
3	Kartik Jha	Abhinav Public School, Pitampura	IX-C
4	Kaashvi Manocha	Abhinav Public School, Pitampura	IX-A

GROUP B: ANTI BULLYING (SECOND RUNNER UP)

MENTOR: MS. PARIDHI KHANNA

S.NO.	STUDENT NAME	SCHOOL NAME	CLASS
1	Himanshi Yadav	Abhinav Public School, Pitampura	XII-C
2	Vibhuti Arora	Abhinav Public School, Pitampura	VIII-B
3	Tanishk Gupta	Abhinav Public School, Pitampura	IX-B
4	Pranjal Singla	Abhinav Public School, Pitampura	XII-C

GROUP C: STRESS MANAGEMENT

MENTOR: MS. PARIDHI KHANNA

S.NO.	STUDENT NAME	SCHOOL NAME	CLASS
1	Jiya Jain	Abhinav Public School, Pitampura	IX-B
2	Akshita Gupta	Abhinav Public School, Pitampura	VIII-A
3	Avni Bansal	Abhinav Public School, Pitampura	IX-A

GROUP D: ANGER MANAGEMENT

MENTOR: MS. NAMITA DHAWAN

S.NO.	STUDENT NAME	SCHOOL NAME	CLASS
1	G. Lakshay	Abhinav Public School, Pitampura	XII-C
2	Sanya	Abhinav Public School, Pitampura	XII-B
3	Parv Sharma	Abhinav Public School, Pitampura	VIII-C

GROUP E: TECHNOLOGY ADDICTION (WINNER)
MENTOR: MS. ABHA SHARMA

S.NO.	STUDENT NAME	SCHOOL NAME	CLASS
1	Chirag Sharma	Summer Fields School, Kailash Colony	XII-A
2	Reny Singh	Tagore International School, East Of Kailash	XI-D
3	Samanvay Singh Chauhan	Vasant Valley School, Vasant Kunj	XI-A
4	Sanchita Kapoor	Delhi Public School, R.K. Puram	XI-Q

FELICITATION CEREMONY



FACEBOOK LIVE SESSIONS

**FIRST RUNNER UP:
 GENDER SENSITIZATION**

**WINNER:
 TECHNOLOGY ADDICTION**

Abha Sharma (Mentor)

Venkateshwar Global School, Rohini

Diya Choudhary Class-X
Harshita Choudhary Class-X

Abhinav Public School, Pitampura

Kartik Jha Class-IX
Kaashvi Manocha Class-IX

Anon Global Foundation Internship Programme (1)

**First Runner Up
 Group A
 Gender Sensitization**

26th June, 2020 at 07 PM

WEBINAR

@Anon Global Foundation

www.anon.org.in

Abha Sharma (Mentor)

Chirag Sharma Class-XII Summer Fields School
Reny Singh Class-XI Tagore International School

Samanvay Class-XI Vasant Valley School
Sanchita Kapoor Class-XI Delhi Public School

Anon Global Foundation Internship Programme (1)

**Winner
 Group E
 Technology Addiction**

28th June, 2020 at 12:30 PM

WEBINAR

@Anon Global Foundation

www.anon.org.in

TESTIMONIALS

”

It was an extremely wonderful experience being a part of the internship program organised by Anon Global Foundation. This program not only ignited a spirit of competitiveness amongst us all (students) but also helped in gaining more confidence to speak and grasp knowledge about some of the most important issue which were quite ignored earlier! I take great pleasure to thank ANON GLOBAL FOUNDATION and Arti ma'am along with Puneet sir, Deepa ma'am, our mentor Abha ma'am and all others for this lovely experience!



Chirag Sharma

”

Thank you Ms Arti Girdhar Anon Global Foundation for awarding me with the beautiful trophy and certificate...it was really a very enriching experience doing the internship with your NGO



Diya Choudhary

”

Thank you so much ANON GLOBAL FOUNDATION for this amazing opportunity, this summer internship help us to polish ourselves in various sectors and bring a positive change in us. We were able understand more about working in teams management and taught us a lot of things that will help us in the future. I would like to also thank Arti ma'am and her team for organizing this internship for us. I am taking a box full of knowledge, fun memories and all the good learnings from here. Thank you once again.



Sanchita Kapoor

”

Thank you anon for this embarking journey I witnessed within these 15 days . It was obviously a rocky road with tasks and hurdles but at the end we sailed. This internship was a win - win take it either way we learnt a lot plus made some really great friends for lifetime



Pranjal Singla

”

Thanks Anon Global Foundation for giving me such a golden opportunity to be the part of you and express my views... Thanks Abha Sharma mam for being our mentor and guiding us through the internship.... Thanks for adding one more in my achievements....



Kaashvi Manocha

”

My experience was very very good with Anon Global Foundation. I had learned so many new things during the internship. And now i am feeling some changes inside me, a type of confidence had build up in me and now i am feeling that i can speak anything anytime and in front of anyone. I would like to say thanks to all members of Anon who had give me this golden opportunity to come forward and show my talent.



Himanshi Yadav

”

"Opportunity often comes disguised in the form of misfortune, or temporary defeat." Thank you ANON GLOBAL FOUNDATION for giving me this golden and exclusive opportunity in life. What we have done together is commendable. Basically Gender Sensitization is a topic to be discussed very importantly. Whatever we presented in these Presentation and articles etc. were not just words but actually they were feelings to bring about a change in society. But that won't be possible without your support. Thank you once again and we will again accommodate and more with each other. Regards Kartik



Kartik Jha

”

Thank you ANON GLOBAL FOUNDATION for giving me a golden opportunity to show my talent and learn new things this internship was really a wonderful experience for me. Thanks a lot to whole Anon team, our mentors and our teachers for supporting me, guiding me and helping me when so ever I face any problem.



Tanishk Gupta

”

Thank you ANON GLOBAL FOUNDATION and dear Arti Ma'am for such a wonderful opportunity. It was great learning for me. I have evolved as a much more confident person after this 15 days internship programme. In the entire journey made very good friends. Thank you, Chirag, Sanchita, Remy and Abha Ma'am for this exciting and enriching experience.



Samanvay Singh Chauhan

”

I am thankful to the ANON team for giving me a wonderful opportunity to be a part of this internship and work with such a reputed NGO as yours.



Harshita Choudhary

”

Thank u so much Arti Girdhar ma'am and ANON team..this internship is really helpful for me. It was a great experience working in ANON..thanks to my mentor (Paridhi Khanna) for her guidance



Jiya Jain

”

Thank you ANON GLOBAL FOUNDATION for giving me this amazing opportunity, to be a part of an internship which brought a change in all of us. It was a whole new experience for me. Thanks a lot Arti ma'am, Puneet Sir, Deepa ma'am and ofcourse our mentor Abha ma'am who guided us through this!



Remy Singh